

# Prayer Honor Roll



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## Sign of the Cross

In the Name of the Father,  
And of the Son,  
And of the Holy Spirit,  
Amen.



## Grace Before Meals

Bless us, O Lord, And these thy gifts  
Which we are about to receive  
From thy bounty through Christ, Our Lord, Amen.



## Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit;  
As it was in the beginning, is now, and ever shall be, world  
without end. Amen.

## GUARDIAN ANGEL

ANGEL OF GOD, MY GUARDIAN DEAR,  
TO WHOM HIS LOVE COMMITS ME HERE,  
EVER THIS DAY BE AT MY SIDE  
TO LIGHT AND GUARD TO RULE AND GUIDE..  
AMEN.

1<sup>st</sup>



## **The Lord's Prayer**

Our Father, who art in Heaven, hallowed be thy name.  
Thy kingdom come; thy will be done on earth as it is in Heaven.  
Give us this day our daily bread, and forgive us our trespasses as we  
forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil. Amen.

## The Ten Commandments

2<sup>nd</sup>

1. You shall have no other gods before me.
2. You shall not take the name of the Lord in vain.
3. Keep the Sabbath day holy.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

\*Please use any Catholic version of the Ten Commandments. The first three commandments should be said first (love of God) and the last seven will be accepted in any order (love of neighbor.) Kids versions are fine - see [Zak and the Three Tree](#)\*

### Hail Mary

**Hail Mary, full of grace, the Lord is with thee.**

**Blessed are thou among women, and blessed is the fruit of thy womb, Jesus.**

**Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

**Amen.**

### Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and in failing to do good, I have sinned against you, whom I should love above all things. I will do my best, with your help, to sin no more and to avoid whatever leads me to sin.

### The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified,  
died and was buried.  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven, and is seated at the  
right hand of God the Father almighty;  
From there he will come to judge the living and  
the dead.  
I believe in the Holy Spirit, the holy catholic  
Church, the communion of saints, the  
forgiveness of sins, the resurrection of the  
body, and life everlasting.  
Amen.

3<sup>rd</sup>



### Come Holy Spirit

**Come Holy Spirit,  
fill the hearts of your faithful  
and kindle in them the fire of your  
love.**

**Send forth your Spirit and they  
shall be created.**

**And you shall renew the face of the  
earth. Amen.**

## Nicene Creed (new Roman Missal)

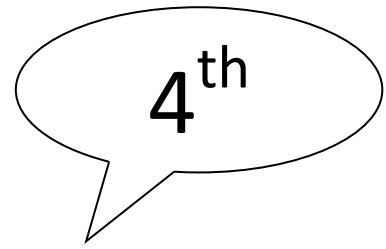
I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
(*bow*) and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man. (*end bow*)  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the Prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
And I look forward to the resurrection of the dead  
and the life of the world to come.

Amen.



## Hail, Holy Queen

Hail, Holy Queen,  
Mother of Mercy,  
Our life, our sweetness, and our  
hope.

To thee do we cry,  
poor banished children of Eve:  
to thee do we send up our sighs,  
mourning and weeping in this  
valley of tears.

Turn then, most gracious advocate,  
thine eyes of mercy toward us;  
and after this our exile,  
show unto us the blessed fruit of  
thy womb Jesus.

O clement,  
O loving,  
O sweet Virgin Mary.

Pray for us,  
O Holy Mother of God,  
that we may be made worthy of  
the promises of Christ.

Amen.

5<sup>th</sup>



## Memorare

Remember, o most gracious Virgin Mary,  
that never was it known that anyone who fled  
to your protection,  
implored your help,  
or sought your intercession was left unaided.  
Inspired by this confidence, I fly unto you,  
O Virgin of virgins my Mother;  
To you do I come,  
before you I stand,  
sinful and sorrowful.  
O Mother of the Word Incarnate,  
despise not my petitions,  
but in your mercy hear and answer me.  
Amen.

Happy Praying!